The Garden of Gethsemane Prayer Newsletter



2 Chronicles 7:14 (NIV)

Inside this issue

A prayer for today	2
Thank you 1st responders	2
Even when it hurts	2
The Lord's prayer	3
No longer slaves to fear	4-5
Prayer Wall	6



14 If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will forgive their sins and I will heal their land.

In this text, the Lord simply reminds Solomon of the previous agreement. If Israel obeys, they will be blessed. If they disobey, they well be judged. The judgement is meant to bring Israel to repentance, and God assures Solomon that, if they will be humble, pray, and repent, then God will deliver them from judgement. This text maybe the rally cry that the world needs to hear today.

Bryon Gould

Baltimore-Washington Conference Prayer Advocate

Prayer For Today

LORD, Protect me and my family from the Corona virus or any disease. Cover us with your blood. You are our shield, God. You are greater and more powerful than any disease. You are mighty. We cancel the work of the enemy in Jesus name. No illness or sickness will come on our way.

Thank you of taking care of my family.











Even When It Hurts (Praise Song)

Hillsong UNITED

Take this fainted heart
Take these tainted hands
Wash me in your love
Come like grace again

Even when my strength is lost
I'll praise you
Even when I have no song
I'll praise you
Even when it's hard to find the words
Louder then I'll sing your praise

I will only sing your praise

Take this mountain weight
Take these ocean tears
Hold me through the trial
Come like hope again

Even when the fight seems lost
I'll praise you
Even when it hurts like hell
I'll praise you
Even when it makes no sense to sing
Louder then I'll sing your praise

I will only sing your praise I will only sing your praise I will only sing your praise

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The Lord's Prayer

Our Father who art in heaven,
Hallowed be thy Name.
Thy kingdom come.
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.

~ Amen ~



"I AM NO LONGER A SLAVE TO FEAR"

Worry, anxiety, fear- it all can overwhelm us like a thick shadow of darkness, controlling our every move and decision. Yet reality tells us that so much of what we spend our time worrying about never even happens. Living under the weight of "the what if's is a place to dwell. God has words of life – truth – that he wants to speak into your fears. Soaking them in, praying them out loud until they become so familiar they replace other things in your mind is the first line of defense against fear and worry. There's nothing magical about words and verses, but there is power through them, because there God's words.

No matter what swirls around, us God promises to be our perfect peace. He assures us he is constantly with us, strengthening and supporting us. Pray that God will help you to keep your mind focused on him, not the circumstances surrounding you. Ask him to help you grow into him and trust what he will do.



We need to stop making uncertain things certain. Stop believing when it is bad, it is always going to be that way. Unfortunately we let our feelings dictate our actions. We have to stand strong when comes to your Heart, mind, and health. Your courage and your strength, your love ones, your mistakes, your happiness, your choices, your love of your family, and your love of God.

FEAR HAS US BELIEVING THIS

Read these truths of God's word that dismiss fear

Hurt - John 14:27 says-Low self- esteem - Joshua 9:1 says Change- 2 Corinthians 5: 17 says it well Rejection - Jeremiah 29:11 tells us Lying- Colossians 3: 9 - 10 explains Getting old - Psalm 73:26 tells us Failure - Proverbs 3: 5 - 6 Says it well Criticize - Romans 14: 10 -12 tells us Commitment to God- Romans 8: 38 -39 No need to pray - 1 Timothy 2: 1 - 4





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Dear Upper Room friends,

Thank you for your engagement with our online community. The purpose of the prayer wall is to allow users to pray as a community and connect around their prayer needs. Though we know that prayer and conversations sometimes travel away from the immediate topic, we are committed to maintaining an open, welcoming, and fruitful space for prayer for anyone who wishes to participate.

When submitting a prayer please only use first names and for location only state and country. DO NOT give last names or other identifying information. If you are posting to the prayer wall, you are acknowledging that you are over 14 years old and are giving permission to post your prayer on this website.

To that end, we do monitor the comments and will remove posts that contain the following:

- Hyperlinks, ads, or other spam-like content
- Copyrighted material that is not owned by the poster or by The Upper Room
- Content we deem inappropriate, offensive, or demeaning
- Profanity, accusatory, inflammatory language
- Comments that present a specific political agenda
- Offensive or demeaning comments toward other cultures and religions

Thank you for understanding and respecting these guidelines as you contribute to our prayer community on www.upperroom.org

PRAYER WARRIORS NEEDED

Have prayer requests? Please Contact the BWC Prayer Advocate Bryon Gould- (443) 858-1308 - email: bryon.gould6@gmail.com