



## **Session 4:**

# **Men of Purity – Pursuing a Life of Holiness**

## **Video**

Watch the video and take notes of anything that stands out to you...

## **Discussion**

Break into small groups of 3 to 6 men and discuss the following questions:

1. Do you think the church is doing a good job addressing the epidemic of pornography in our culture? What could we do better to help people struggling in this area?
2. In the video Russell stated that “sexual struggles are relational disorders.” What do you think he means by that? Why is it so important?
3. 1 Corinthians 6:18 warns us to “flee from sexual immorality” because of the damage we cause to ourselves. List all the harmful consequences of pornography you can think of.
4. What practical steps do we need to take in order to experience victory over sexual sin?
5. Jesus said, “Blessed are the pure in heart, for they shall see God” (Matthew 5:8). How does this verse motivate you to pursue a life of holiness?

# Prayer

In your small group, read the following Scripture out loud... take a minute to reflect on it... and then respond to God in prayer.

1 Peter 1:14-16 – “As obedient children, do not be conformed to the passions of your former ignorance, but as he who called you is holy, you also be holy in all your conduct, since it is written, “You shall be holy, for I am holy.”

1. (*Upward*) – **Praise:** What does this passage teach me about God?
2. (*Inward*) – **Confession:** What does this passage teach me about myself?
3. (*Outward*) – **Petition:** How does this passage lead me to pray for others?

# Brotherhood

Pair up with one other man and share your prayer requests. Exchange contact information. Then commit to praying for each other and talking to each other at least once during the week for encouragement and support.