



## Session 7:

# Men of War – Pursuing the Defeat of Our Enemy

## Video

Watch the video and take notes of anything that stands out to you...

*Key Passage – “Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armor of God so that you can take your stand against the devil’s schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God. <sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints. <sup>19</sup> Pray also for me, that whenever I open my mouth, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.” (Ephesians 6:10-20)*

## Discussion

Break into small groups of 3 to 6 men and discuss the following questions:

1. Have you ever been in a situation where you clearly encountered demonic activity? How did you handle the situation?
2. What are some of the “schemes” or tactics the devil uses to attack us? Why is spiritual warfare fought primarily on the battlefield of our mind?
3. Explain how each piece of the armor represents Jesus and symbolizes that he is the source of our victory: *belt of truth, breastplate of righteousness, shoes of the gospel, shield of faith, helmet of salvation, sword of the Spirit.*

4. Why do you think prayer is not listed as a piece of armor? Why is prayer the secret to victory?
5. Four times in Ephesians 6:10-20 Paul exhorts us to stand our ground. What ground have you given up to the enemy that you would like to take back?

## Prayer

In your small group, read the following Scripture out loud... take a minute to reflect on it... and then respond to God in prayer.

*Ephesians 6:10-20 – “Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armor of God so that you can take your stand against the devil’s schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God. <sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints. <sup>19</sup> Pray also for me, that whenever I open my mouth, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.”*

1. (*Upward*) – **Praise:** What does this passage teach me about God?
2. (*Inward*) – **Confession:** What does this passage teach me about myself?
3. (*Outward*) – **Petition:** How does this passage lead me to pray for others?

## Brotherhood

Pair up with one other man and share your prayer requests. Exchange contact information. Then commit to praying for each other and talking to each other at least once during the week for encouragement and support.