

**SAVE THE DATE**

**Sixth Annual Emancipation Day 5K Run/Walk  
& Fun Walk for Diabetes**



**Saturday, September 1, 2018** 8:00 AM

Rain or Shine

McCullough Field & 8th Street Laurel, MD

**USATF Certified Course**

**TO BENEFIT**

**UNIVERSITY OF MARYLAND CENTER FOR  
DIABETES AND ENDOCRINOLOGY MIDTOWN**

**SPONSORED BY**

**ST. MARK'S UNITED METHODIST CHURCH**

**Rev. Dr. Sonia King, Pastor**

**Online Registration/Additional Information**

**[www.stmarks1md.org/5KRun-Walk4Diabetes](http://www.stmarks1md.org/5KRun-Walk4Diabetes)**

***Additional Registration Options***

**<https://register.bluecheetahtiming.com/event/Emancipation-Day-5K>**

**or [Active.com](http://Active.com)**

**Or**

**Register in person at St. Mark's UMC 601 Eighth Street Laurel, MD  
Monday – Friday 10:00 AM – 1:00 PM (checks only)**

**(Only \$25)**

